


# DECEMBER NEWSLETTER



## Bubble Updates

### Junior Tennis

- 3-6 year olds  
Saturdays 10-10:50 am
- 7-14 year olds  
Saturdays 11-11:50 am

### Sta Fit Tennis Academy

- 6-9 year olds  
3X A WEEK FOR 6 WEEKS  
TUES, THURS, SAT  
INCLUDES TENNIS FOCUS  
STRENGTH TRAINING

- 10-13 year olds  
3X A WEEK FOR 6 WEEKS  
TUES, THURS, SAT  
INCLUDES TENNIS FOCUS  
STRENGTH TRAINING

- 14+ year olds  
3X A WEEK FOR 6 WEEKS  
TUES, THURS, SAT  
INCLUDES TENNIS FOCUS  
STRENGTH TRAINING

### Adult Tennis Drills

- Tuesdays 7:30-8:30 pm
- Thursdays 7:30-8:30 pm

\*CALL US AT 320-281-7439  
VISIT OUR WEBSITE  
OR STOP BY IN PERSON FOR MORE INFO\*

Open Pickleball  
Monday-Friday 12pm-3pm

## Pickleball Intrest?

### Meet Brad!

With over 40 years of coaching experience, Brad Vaudt brings a lifelong passion for teaching, mentoring, and developing athletes. After competing in college tennis, he spent his career coaching players of all ages and introduced pickleball to schools in 2003.

In 2023 and 2024, Brad trained Minnesota Physical Education teachers on how to teach pickleball, helping grow the sport statewide.

At Sta-Fit, Brad is excited to connect with members and help them improve through Intro to Pickleball classes, Skills Clinics, Private Lessons, and upcoming Leagues. His coaching style focuses on growth, confidence, and having fun—both on and off the court.

If Interested, email:  
[memberservices@stafitnow.com](mailto:memberservices@stafitnow.com)

## Upcoming Events

### Coffee & Cookies

- 10:45 12/11, 12/20

### Christmas Cup Pickleball Tournament

- December 20<sup>th</sup> 3p-7p
- Sign up with partner