



# APRIL NEWSLETTER

Hello Sta-Fit Family,

Spring is here, and it's the perfect time to refresh your routine at Sta-Fit! For the month of April, you can join for just **\$22 enrollment** —a great opportunity to get started and stay on track with your goals.

We're also offering our indoor **golf** simulator special, where you can enjoy **two half-hour sessions for just \$22 through April 30th**. It's a fun way to kick off the season and sharpen your game.

In addition, we're excited to introduce our continuation **Natural GLP-1 classes**, held every Tuesday and Saturday and open to both members and non-members.

We are also hosting **adult tennis drills** every Tuesday at 7:30 PM, perfect for improving your skills in a supportive environment. Along with a **pickleball clinic** ran by Andrew every Thursday @ 5:30pm. SIGN UP TODAY!

Spots are filling quickly, so stop by the front desk or give us a call to get started. We're here to help you make April your strongest month yet!

— Sta-Fit Team

